



# CBHC

Colorado Behavioral  
Healthcare Council

## **Annual Behavioral Health Training Conference**

*Designing our future through operational excellence*



**Beaver Run Resort &  
Conference Center**  
*Breckenridge, Colorado*

**October 1 - 4, 2015**  
Register Today | [www.cbhc.org](http://www.cbhc.org)



Welcome Fellow Learners,

On behalf of the Colorado Behavioral Healthcare Council, we welcome you to our 2015 conference. This year's theme, "Designing our Future through Operational Excellence" is a reflection that the post-ACA environment is facilitating the shift in the way healthcare is delivered. In designing the healthcare system of the future, the days of doing business as usual are over.

At the core of this transformation is optimizing value for patients – we need to achieve the best outcomes for patients relative to the cost of achieving those outcomes. Good strategy in combination with operational excellence can significantly contribute to a value-based healthcare system.

Booker T. Washington said, "Excellence is to do a common thing in an uncommon way." Some of the hallmarks of operational excellence include promoting an action-oriented culture; focusing on activities that add value; monitoring performance and results; empowering employees; delivering high quality services; and developing strong relationships with both patients and community partners.

In developing the program for this year's conference, we wanted to share a variety of perspectives, tools and resources to promote thought and conversation on how we continue to innovate to achieve the goal of value-based healthcare, especially through operational excellence.

As the dynamic and visionary leaders in this field, we are also excited to hear all of the ways you do common things in an uncommon way.

We are honored and appreciate that you have chosen to travel on this journey with us this weekend. We are confident you will find much to value and enjoy at our conference.

Doyle Forrestal  
*CEO, CBHC*



Liz Hickman  
*Conference Co-chair*



Sue Williamson  
*Conference Co-chair*





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## Featured Conference Speakers

**Keynote | Eric Meade | Saturday | 8:00am-9:30am**

### 3 General Session Speakers

Ron Culberson | Friday | 8:00am-9:30am

Monica Oss | Friday | 1:00pm-2:30pm

Kathy Brandt & Max Maddox | Saturday | 1:00pm-2:00pm

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## Welcome Reception & CBHC Awards Presentations

**Friday, October 2, 2015 (no charge)**

5:00pm-6:30pm | Welcome Reception | *Colorado Ballroom*

6:30pm-8:30pm | Awards Presentations | *Breckenridge Ballroom*

*Gather for our Welcome Reception with hors d'oeuvres*

*followed by the CBHC Awards Presentations*

Golden Abacus

Golden Light Bulb

Board Member Lifetime Achievement

Board Member of the Year

### Welcome Reception Sponsored by

Behavioral Healthcare, Inc.

Colorado Access | AccessCare

Colorado Health Partnerships, LLC

Foothills Behavioral Health Partners, LLC

## Planning Committee

### **Liz Hickman**

2015 CBHC Conference Co-Chair &  
CEO Centennial Mental Health Center  
Sterling, CO

### **Sue Williamson**

2015 CBHC Conference Co-Chair &  
CEO Signal Behavioral Health Network  
Greenwood Village, CO

### **Angi Wold**

Director of Operations  
Addiction Research and Treatment Services  
(ARTS) University of Colorado Denver  
Denver, CO

### **Barbara Becker**

Division Director, Community Programs  
Arapahoe/Douglas Mental Health Network  
Englewood, CO

### **Craig Iverson**

Director of Training and Process  
Improvement  
Mental Health Center of Denver  
Denver, CO

### **Emily Peterson**

Development and Marketing Director  
SummitStone Health Partners  
Fort Collins, CO

### **Joanne Aiello**

Manager of Event Planning & Volunteers  
Mental Health Center of Denver  
Denver, CO

### **Kendall P. Alexander**

Administrative Director  
North Range Behavioral Health  
Greeley, CO

### **Kristina Daniel**

Chief Operating Officer  
San Luis Valley Behavioral Health Group  
Alamosa, CO

### **Lance E. Lehigh**

Chief Financial Officer  
The Center for Mental Health  
Montrose, CO

### **Peggy Hill**

Chief Operations Officer  
Colorado Behavioral Healthcare Council  
Denver, CO

### **Stephanie Menke**

Addiction Research and Treatment Services  
(ARTS) University of Colorado Denver  
Denver, CO

## CBHC Members

### **Behavioral Health Organizations**

Behavioral Healthcare, Inc.  
Colorado Access  
Colorado Health Partnerships, LLC  
Foothills Behavioral Health Partners, LLC

### **Community Mental Health Centers**

Arapahoe/Douglas Mental Health Network  
AspenPointe  
Aurora Mental Health Center  
Axis Health System  
Centennial Mental Health Center  
Community Reach Center  
Jefferson Center for Mental Health  
Mental Health Center of Denver  
Mental Health Partners  
Mind Springs Health  
North Range Behavioral Health  
San Luis Valley Behavioral Health Group  
Solvista Health  
Southeast Health Group  
Spanish Peaks Health Solutions  
SummitStone Health Partners  
The Center for Mental Health

### **Managed Service Organizations**

AspenPointe Health Network  
Mental Health Partners  
Signal Behavioral Health Network, Inc.  
West Slope Casa, LLC

### **Specialty Clinics**

Asian Pacific Development Center  
Servicios de la Raza

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## Program Highlights

- » Special Pre-Conference Half Day  
Training on Thursday 10/1/15
- » 4 Days of Educational Training
- » Exhibit Hall
- » Advanced Specialized Skills Training
- » Networking with Peers and Colleagues

## Continuing Education Credits

**NASW, NBCC, NAADAC**



## Registration Fees

*Register online today at [www.cbhc.org](http://www.cbhc.org)*

### **Pre-Conference | Thursday, October 1st**

#### **Mastering the Business of Brand Loyalty | \$100**

(Thursday 8:00am - 12:00pm) Includes training, light breakfast and coffee breaks).

#### **Making the Shift to Health Delivery | \$100**

(Thursday 8:00am - 12:00pm) Includes training, light breakfast and coffee breaks).

#### **Working Toward Recovery: Utilizing an Integrated Approach | \$200**

(Thursday 9:30am - 4:30pm) Includes training, light breakfast, coffee breaks and lunch).

### **Full Conference | \$475**

Thursday/Friday/Saturday/Sunday | For board/upper management, clinicians and business members who are attending all four days; Thursday 1:00pm - Sunday 11:15am. (Includes Friday welcome reception & awards presentations, all conference sessions, breakfasts, lunches, coffee breaks and Saturday keynote).

### **Board/Upper Management 2-Day | \$425**

For board/upper management who are attending Saturday and Sunday. (Includes Friday welcome reception & awards presentations, Saturday and Sunday sessions, breakfasts, lunch and Saturday keynote).

### **Thursday | \$175**

Half day only (Includes Thursday sessions from 1:00pm-4:30pm and coffee break).

### **Friday | \$250**

One day only (Includes Friday sessions, breakfast, lunch, coffee breaks, Friday welcome reception & awards presentations).

### **Saturday | \$250**

One day only (Includes Saturday sessions, breakfast, lunch, coffee breaks).

### **Sunday | \$125**

Half day only (Includes Sunday sessions, breakfast, coffee break).

### **CBHC Conference Cancellation/Refund Policy**

Conference registration fees, less a \$100.00 administration fee will be refunded upon written notice of cancellation, if received no later than August 1, 2015. After that date, no refunds will be provided. There will be no provision for partial registration fees or refunds for activities not attended. Conference registration cancellations should be sent via email to: [Tracygmp@aol.com](mailto:Tracygmp@aol.com) before August 1, 2015.

**Conference Questions? Email Tracy at [Tracygmp@aol.com](mailto:Tracygmp@aol.com) or call 303-525-2811**

# Hotel Reservations

## Beaver Run Resort & Conference Center

620 Village Road, Breckenridge, Colorado 80424

Call 1-800-525-2253 for reservations



**Hotel rooms start at \$109+ tax and service charge**

*Be sure to say you are attending the CBHC conference to receive the discount rate.*

**Hotel registration link:** <http://www.cbhc.org/conference15/hotel.html>

**Password:** 50A9RD

**Group Rate Deadline:** All reservations must be made by August 29, 2015 to receive the CBHC group rates. Group rates will be given on a first come - first served basis, so make your reservations early. If your organization has special hotel billing requirements for multiple rooms, please contact Beaver Run directly for assistance in coordinating your group hotel reservations.

**Hotel Cancellation/Refund Policy:** Summer Deposit/Cancellation Policies at Beaver Run Resort. A one night's deposit is required at time of booking. Reservations must be canceled at least 72 hours prior to arrival to receive refund less \$35.00 processing fee. Cancellations made fewer than 72 hours from arrival date are subject to a one night's cancellation fee. Reduction in length of stay or room type within the 72 hour penalty period, no shows, late arrivals, and early departures are considered cancellations, and are therefore non-refundable.

**Deposit:** A deposit of one night's room rate, in the form of a credit card payment or check, will be required when making an individual reservation. Neither CBHC nor Beaver Run will be coordinating roommate accommodations. Coordination of roommates and payment for rooms are the responsibility of the individual and the member organization making the reservation. The standard Beaver Run cancellation policy will apply.

**Tax Exemption:** To receive tax exemption for lodging, a tax exempt certificate and agency check or credit card must be presented to the hotel upon arrival.

# Get the Mobile App!

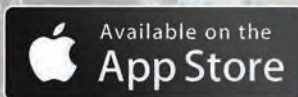


## Easy access to:

- Online Evaluations
- Session Handouts
- Session Schedule
- Digital Showcase
- Sponsors & Exhibitors
- Speaker Information
- Program & Updates



Available on iOS, Android and Windows phones and tablets



Simply search for "CBHC" \*Available mid-August



# MENTAL HEALTH FIRST AID COLORADO



**KNOW  
THE SIGNS**



**LEARN THE  
ACTIONS**



**BE A  
LIFELINE**



**UP  
TO 90%**

of individuals with  
mental disorders are  
treatable.

**1 IN 4**

people will experience a  
mental health challenge  
or crisis in their lifetime.

**50%**

of all lifetime cases  
of mental illness begin  
before age 14.

**JOIN THOUSANDS OF OTHER COLORADANS  
IN BEING A FIRST RESPONDER FOR YOUR  
COMMUNITY'S MENTAL HEALTH.**

**SIGN UP FOR A COURSE TODAY!**

[www.mhfaco.org](http://www.mhfaco.org)



**Schedule at a Glance | October 1, 2015 | Thursday**

**7:00am - 4:30pm**









CBHC Registration Open | *Third Floor Foyer*

**Pre-Conference Sessions | 8:00am - 12:00pm (Additional Fees Required)**

Peak 14/15/16	<b>Mastering the Business of Brand Loyalty</b>   Gretchen Gaede, President, A-Train Marketing Communications, Inc. 7:00am - 8:00am Breakfast   9:30am - 10:00am Coffee Break
Coppertop 2	<b>Making the Shift to Health Delivery</b>   David Lloyd   Founder of M.T.M. Services   7:00am - 8:00am Breakfast   9:30am - 10:00am Coffee Break
Imperial Ballroom	<b>Colorado Supported Employment: Expanding Partnerships that Work</b>   <i>Sponsored by the Colorado Office of Behavioral Health</i> Scott LeRoy; Griff McClure; Kelsey Lungu 8:30am - 9:30am Breakfast   10:45am - 11:00am Coffee Break 12:00pm - 1:00pm Lunch   2:30pm - 3:00pm Coffee Break



**12:30pm - 5:00pm | CBHC Public Information Officers (PIO) Mercury Boardroom**

**1:00pm - 2:30pm**

Breckenridge Ballroom	#100 CBHC's New CEO Connection - Q&A Doyle Forrestal, CEO CBHC	 
Peak 6/7/8	#101 Integrating Dialectical Behavior Therapy with Twelve Step Behavior - Part One   Osvaldo Cabral, MA, LPC, CAC III; Bari K. Platter, MS, RN, PMHCNS-BC	
Peak 9/10	#102 Adapting Treatment for Youth Who Have a Developmental Disability Part One   Brian D. Tallant, LPC; Jessica Feijoo, LCSW	
Peak 11/12	#103 Learn and Practice Lean and Six Sigma Tools to Improve Workflows and Quality Outcomes   Craig Iverson, MA	
Coppertop 2	#104 Putting Clients First: Customer Service in an Era of Competition David Lloyd	 
Imperial Ballroom	#105 Colorado Individual Placement and Support (IPS) Kickoff Event Marc Condojani, LCSW, CAC III; Nancy VanDeMark, PhD; Steve Anton, Scott Glaser, Andrew Romanoff, Sandy Reese; 8 Community Ctrs Implementing IPS	

**2:30pm - 3:00pm | Coffee Break in Exhibit Hall | Colorado Ballroom**

**3:00pm - 4:30pm**

Breckenridge Ballroom	#200 Colorado State Innovation Model (SIM) Update   Vatsala Pathy	 
Peak 6/7/8	#201 Integrating Dialectical Behavior Therapy with Twelve Step Behavior - Part Two   Osvaldo Cabral, MA, LPC, CAC III; Bari K. Platter, MS, RN, PMHCNS-BC	
Peak 9/10	#202 Adapting Treatment for Adults with Developmental Disabilities Elise Scherze; Shawna Urbanski, PsyD	
Peak 11/12	#203 A Data Journey with Mind Springs Health Krista McClinton, MS, LPC	 
Coppertop 2	#204 Putting Clients First: The Road to Excellence David Lloyd	 
Imperial Ballroom	#205   Working Toward Recovery: Utilizing an Integrated Approach Sandy Reese; Natalie Brown	
























 **Clinical**

 **Board/Upper Mgmt**











 **Integrated Care**

 **Business**

**Friday | Schedule at a Glance | October 2, 2015**

<b>7:00am - 4:30pm   CBHC Registration Open   <i>Third Floor Foyer</i></b>	
7:00am - 8:00am   Breakfast in Exhibit Hall   <i>Colorado Ballroom</i>	
7:00am - 6:30pm   Exhibit Hall Open   <i>Colorado Ballroom</i>	
<b>8:00am - 9:30am</b>	
Breckenridge Ballroom	General Session #1   Do It Well - Make It Fun   Ron Culberson, MSW, CSP, CPAE    
Peak 11/12	#301 Asking the Right Questions: Thinking Through Strategic Identity   William Browning 
Coppertop 2	#302 Integrating Adolescent SUD Treatment - for Adolescents and Young Adults   Paula Riggs, MD 
Coppertop 3	#303 Treating the Pain of Addiction with Acupuncture   Bruce Hinkley, MACOM  
<b>8:00am - 11:30am</b>	
Imperial Ballroom	<b>CBHC Executive Directors' Retreat</b> 7:00am - 8:00am Breakfast
<b>9:30am - 10:00am   Coffee Break in Exhibit Hall   <i>Colorado Ballroom</i></b>	
<b>10:00am - 11:30am</b>	
Breckenridge Ballroom	#400 Genuinely Speaking: How YOU Make Your Message More Memorable   Ron Culberson, MSW, CSP, CPAE    
Peak 11/12	#401 Egos, Evolution and Emergent Thinking   William Browning 
Coppertop 3	#403 C-PACK: How 38 Therapists and 5 Child Psychiatrists Offer Services to Pediatricians of Colorado   Fred Michel, MD  
<b>11:30am - 1:00pm   Lunch (<i>See Room Locations below</i>)</b>	
Lunch for all attendees ( <i>Colorado Ballroom</i> ) Mental Health First Aid ( <i>Peak 6/7/8</i> ) Executive Directors' Retreat ( <i>Imperial Ballroom</i> ) Training & Development Subcommittee ( <i>Base Nine Lounge</i> ) Suicide Prevention Advocates ( <i>Mercury Boardroom - Building 4</i> )	
<b>1:00pm - 2:30pm</b>	
Breckenridge Ballroom	General Session #2   The Future is Now: Technology in Behavioral Healthcare   Monica E. Oss, M.S., CEO, OPEN MINDS Healthcare 
Peak 6/7/8	#501 Work and Well Being for Behavioral Health Providers   Chad Morris, PhD; Cindy Morris, PsyD  
Peak 11/12	#503 Office of Behavioral Health Business Session   Rebecca Helfand, PhD; Andrew Martinez  
Coppertop 2	#504 Generations: Working Together - Part One   Julie Auger  
Coppertop 3	#505 Adolescent Community Reinforcement Approach   Dennis Ballinger; Mark Sanders, LPC, CACIII 
<b>2:30pm - 3:00pm   Coffee Break in Exhibit Hall   <i>Colorado Ballroom</i></b>	

3:00pm - 4:30pm

Breckenridge Ballroom	#600 Making Digital Medicine Work for Your Organization Monica E. Oss, MS, CEO, OPEN MINDS Healthcare	
Peak 6/7/8	#601 Health and Wellness: A Key to Recovery for Persons Use with Substance Disorders   Chad Morris, PhD; Cindy Morris, PsyD	 
Peak 9/10	#602 Peer Support Services: How to Make Them Live & Breathe Antoinette Dow, MPH; Sherry Meyer, BA; Jennifer Miller; Cindy Raley; John Scewczyk; Susan Wagner, MSW, LSW	
Peak 11/12	#603 Colorado Medicaid's Accountable Care Collaborative Version 2.0 Laurel Karabatsos	  
Coppertop 2	#604 Generations: Working Together - Part Two   Julie Auger	 
Coppertop 3	#605 Ensuring CURRENT and Future Success Through Leadership Succession Development   Shawn Evans	

## Welcome Reception & CBHC Awards Presentations

**Friday, October 2, 2015 (no charge)**

5:00pm-6:30pm | Welcome Reception | *Colorado Ballroom & Foyer*  
6:30pm-8:30pm | Awards Presentations | *Breckenridge Ballroom*

*Plan to attend our social and networking  
time together and then enjoy the  
2015 CBHC Awards!*

### Sponsored by

*Behavioral Healthcare, Inc.  
Colorado Access | AccessCare  
Colorado Health Partnerships, LLC  
Foothills Behavioral Health Partners, LLC*



48<sup>th</sup> Annual Behavioral Health Training Conference

# Saturday | Schedule at a Glance | October 3, 2015





**7:00am - 4:30pm** | CBHC Registration Open | *Third Floor Foyer*

7:00am - 8:00am | Breakfast in Exhibit Hall | *Colorado Ballroom*

7:00am - 4:15pm | Exhibit Hall Open | *Colorado Ballroom*












## KEYNOTE

**8:00am - 9:30am**

Breckenridge Ballroom	Scanning the Horizon of Behavioral Healthcare: A Futurist's Perspective   Eric Meade	   
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**9:30am - 10:00am** | Coffee Break in Exhibit Hall | *Colorado Ballroom*

**10:00am - 11:30am**

Breckenridge Ballroom	#700 Healthcare Leadership Amid Complex Change   Eric Meade	   
Peak 9/10	#701 Creating a Pipeline of Peers: Workforce Development Innovation Jason DeaBueno; Chandra Rush; Tyler Shull	
Peak 11/12	#702 Integrated Health Care: Past, Present and (Look Out!) the Future   Bern Heath, PhD	  
Coppertop 2	#703 Supervision Performance Portfolios   Cynthia Grant, PhD, LCSW; Sonia Jackson	
Coppertop 3	#704 Best Practices with Commercial Insurance   Sara Kemp, LMHC	
Peak 6/7/8	#705 Offering Culturally Relevant Mental Health Therapy Through the Convergence of Psychosocial and Cultural Factors   Dellena Aguilar, PhD	

**11:30am - 1:00pm** | Lunch (*See Room Locations below*)











Lunch for all attendees (*Colorado Ballroom*)

Deputy Directors' Meeting (*Base Nine Lounge*)

Medical Directors' Meeting (*Mercury Boardroom - Building 4*)




CBHC Board of Directors' Meeting (*Imperial Ballroom*)

**1:00pm - 2:00pm**

Breckenridge Ballroom	General Session #3   Walks on the Margins: A Story of Bipolar Illness Kathy Brandt & Max Maddox	
Peak 9/10	#801 Prescription Drug Abuse in Colorado: A Statewide, Collective Action Approach to the Problem   Robert Valuck, PhD, RPH	 
Peak 11/12	#802 Promoted! Keys to Becoming a Skillful, Confident & Effective Manager   Ginny Trierweiler, PhD	 
Coppertop 3	#804 A Powerful Union: Behavioral Health, Primary Care and RCCO Community Management   David Felix, RCCO; Joanna Martinson, BSN, RN, ADS; Paulette Tarnasky, LCSW	  
Imperial Ballroom	#805 Behavioral Health is at the Table, Now We Just Need Our Utensils   Mohini Venkatesh	 

 Clinical     Board/Upper Mgmt     Integrated Care     Business

2:00pm - 2:30pm   Coffee Break in Exhibit Hall   <i>Colorado Ballroom</i>		
2:30pm - 4:00pm		
Breckenridge Ballroom	#900 Implementation of Medication Assisted Treatment for Substance Use Disorders   Angela Bonaguidi	 
Peak 9/10	#901 Using Technology for Patient Engagement, Adherence and Outcome Measurement   Robert Valuck, PhD, RPh	 
Peak 11/12	#902 Emerging Issues in Telepsychiatry   Matt Ullrich; Meghan Pound	 
Coppertop 2	#903 CBHC TED Talks: Illustrations of Best Practices in the Clinical Arena   <i>Sponsored by The Colorado Health Foundation</i>	
Coppertop 3	#904 Harnessing the Power of Digital and Social Media Marketing Gretchen Gaede	 
Imperial Ballroom	#905 Solution-Focused Supervision & Management: Leading From One Step Behind   Teri Pichot, LCSW, LAC, MA	

4:00pm - 4:15pm   Coffee Break in Exhibit Hall   <i>Colorado Ballroom</i>		
4:15pm - 5:45pm		
Breckenridge Ballroom	#1000 CBHC's 2015 Legislative Update   Frank Cornelia, MS, LPC; Coral Cosway; Gil Romero, Principal/Attorney, Capitol Success Group	   
Peak 9/10	#1001 Where Do You Stand on Spiritual Integration?   Dennis Middel, MEd	
Peak 11/12	#1002 Telehealth Laws: What Your Organization Needs to Know Matt Ullrich; Meghan Pound	
Coppertop 2	#1003 CBHC TED Talks: Illustrations of Best Practices in the Non-Clinical Arena   <i>Sponsored by The Colorado Health Foundation</i>	
Imperial Ballroom	#1005 Solution-Focused Integrated Care   Teri Pichot, LCSW, LAC, MA	

**Open or relaxation night!**  
*Spend the evening with your  
Centers and new friends enjoying  
downtown Breckenridge.*

7:00am - 11:30am   CBHC Registration Open   <i>Third Floor Foyer</i>		
7:00am - 8:00am   Breakfast   <i>Colorado Ballroom</i>		
8:00am - 9:30am		
Coppertop 2	#2000 Quitline Outcomes for Smokers with Behavioral Health Conditions and Limitations and Alternative Methods to Quit Smoking Amy Lukowski	
Coppertop 3	#2001 Working Together in a Different World: PCPs and Behavioral Health   Greg Finnoff, DO; Lisa McConnell, FNP-BC; Lesley Brooks, MD	
Imperial Ballroom	#2002 Integrated Behavioral Health in Pediatric Practices: Lessons from the Field   Patrece Hairston, PsyD; Knoel Hendrick, LCSW; Laura Hill, MSN, RN, CNL; Orlando Padilla, Jr., LPC, NCC	   
9:30am - 9:45am   Iced Tea & Lemonade   <i>Registration Foyer</i>		
9:45am - 11:15am		
Coppertop 2	#3000 Saving Patients While Saving Money: Managing In-Patient Utilization Well   Ron Morley, MD	 
Coppertop 3	#3001 Meaningful Data Exchange: A Key to Integrated Care Torria Thompson	 
Imperial Ballroom	#3002 Screening & Brief Intervention: A Case for Prevention Emily Schrader; Natalie Wood, Laura Hill, MSN, RN, CNL	   

# Exhibitor Passport

Discover all of the exciting companies and programs in the exhibit hall!

Visit each vendor and have them stamp your passport for a chance to win 1 of 2 \$50 Amazon gift cards.



*One entry per conference attendee. You must visit at least 20 exhibitors, include your name and email on the card and turn it into the CBHC registration desk by the end of the conference for a chance to win.*

# Online Evaluations

**Let us know how we're doing!**

Scan the QR code below,  
browse to [www.cbhc.org/evaluation](http://www.cbhc.org/evaluation)  
or get the **mobile app** to rate each  
session and the 2015 conference.



Complete the conference  
evaluation for a chance to win

**iPad** mini

**64Gb**



\*One entry per conference attendee, name and email must be included with the evaluation.



**PARTNERING WITH COMMUNITIES,**  
we can advance fair opportunities for all Coloradans to be healthy.



**THE  
COLORADO  
TRUST**

*A Health Equity Foundation*

[WWW.COLORADOTRUST.ORG](http://WWW.COLORADOTRUST.ORG)

**Enjoy  
FREE**



Network: **Global Meeting**

*Upon connection, select any room*

Group Name: **CBHC** | Password: **CBHC**



## Pre-Conference Training

### Mastering the Business of Brand Loyalty

Everyone talks about branding, but what does it really mean for the future of mental, behavioral and integrated health care? A brand is the way people feel about your organization, what they talk about when you come up in conversation and your overall reputation. Your brand is your mission, your message and the people that drive both of those things. Do you know where your brand stands?

- Crafting a compelling message to tell the story of your organization
- How to reach the right people with the right message
- Creative strategies for building buzz on a budget
- Delivering a quality customer experience at every point of contact
- Creating brand advocates and 3rd party champions for your cause

*Gretchen Gaede, President, A-Train Marketing Communications, Inc. Founded in Fort Collins in 1998, A-Train Marketing Communications, Inc. is a values-driven company that is committed to driving the future of behavioral health care through dynamic marketing strategies and campaigns that work to reduce the stigma surrounding mental health.*

### Making the Shift to Health Delivery

This session will present both the conceptual framework and mechanics of moving to performance-based contracting where the deliverable is improved health and lower cost, coupled with customer satisfaction and high quality care.

The concept of “Value” based care and why it matters to make the shift in that direction...and why it’s hard to pull off. The primary components of shifting from “Volume” of services to “Value Based Care” is the ability to operationalize the following concepts:

- o Services provided – Timely access to treatment, service array, duration and density of services through Level of Care/Benefit Design Criteria and/or EBPs.
- o Cost of services provided based on current service delivery processes by CPT/ HCPCS code and staff type for each staff, program/team.
- o Outcomes achieved that are not only measured but can be more objectively identified in a user friendly data reporting model (i.e., how do we demonstrate that people are getting “better” linked to a population that is being served).
- o Value is determined based on achieving the same or better outcomes with a change of services delivered or change in service process costs which makes the outcomes under the new clinical model a better value for the payer.
- o What do organizations begin to measure and stop measuring, and what is necessary in the organization’s infrastructure or the shared infrastructure between physical and behavioral healthcare providers, and what external forces or opportunities are coming into play that will both force and support this shift.
- o What do organizations do to start moving in this direction when most of their payers, including Medicaid, are still in fee for service mode? Is it possible?

*David Lloyd, Founder of M.T.M. (Management, Training and Measurement) Services based in the Raleigh, North Carolina area brings new healthcare management, training and service process/practice management measurement initiatives to Community Behavioral Healthcare Organizations (CBHOs) nationally. Mr. Lloyd is the recipient of The National Council of Behavioral Health’s 2014 Visionary Leadership Award. In his books, Mr. Lloyd has developed service process models, principles and solutions on how CBHOs can deliver “Best Value” accountable care, revenue cycle management improvements and appointment scheduling initiatives.*

## **Colorado Supported Employment: Expanding Partnerships that Work**

*Sponsored by the Colorado Office of Behavioral Health*

How to engage businesses in your rural and urban communities. Topics include: partnering with DVR for maximum success and how to help your client obtain employment in the Millennial Era. This session is especially designed for vocational teams (employment specialists, employment supervisors, DVR counselors, employers, and those who have the desire to help their clients in their recovery through employment). The last hour will include discussion and small group activities to practice what we learned!

**Scott LeRoy**, has worked in supported employment for people with serious mental illness at the Colorado Division of Vocational Rehabilitation since 1987. He is currently the Coordinator of Supported Employment for Colorado DVR.

**Griff McClure**, has worked in the mental health field with the Mental Health Center of Denver for the past twenty years. He is currently the Reaching Recovery Representative, Trainer and Job Coach.

**Kelsey Lungu**, is an Employment Specialist for Solvista Health.

## CBHC Annual Training | Thursday

### **#100 CBHC's New CEO Connection - Q&A with Doyle Forrestal, CEO, CBHC**



Doyle Forrestal, JD became CBHC's Chief Executive Officer on July 1, 2015.

As she begins her journey as CBHC's Chief Executive, she is eager to get acquainted with all of our members, their staff, Boards of Directors, community partners and our colleagues in government and other state level organizations. Please join Doyle as she shares a bit about herself, some early thoughts about CBHC's vision for the future, challenges and opportunities; and invites discussion during this informal meet-and-greet opportunity.

**Doyle Forrestal, JD**, worked for the US Department of Health and Human Services as Executive Officer and Senior Intergovernmental Affairs Specialist before becoming the CEO of the Colorado Behavioral Healthcare Council. Doyle has over 17 years of experience guiding, developing and implementing legislative strategy and policy at the federal and state levels. Doyle is passionate about the work that CBHC members do in the community and about advocating for the full inclusion of behavioral health in health care.

### **#101 | Integrating Dialectical Behavior Therapy with Twelve Step Behavior - Part One**



The presenters will review their curriculum, Integrating Dialectical Behavior Therapy with the Twelve Steps, published by Hazelden, which provides a step by step guide to facilitating psycho-educational groups that integrate the core concepts of Dialectical Behavior Therapy and Twelve Step philosophy.

**Oswaldo Cabral, MA, LPC, CAC III**, is Assistant Chief Operations Officer, Addictions, Recovery and Criminal Justice, SummitStone Health Partners. Mr. Cabral has worked in mental health and addictions since 2002. His areas of expertise include aggression replacement therapy and dually diagnosed clients.

**Bari K. Platter, MS, RN, PMHCNS-BC**, is Clinical Nurse Specialist, CeDAR, University of Colorado Hospital. Ms. Platter is a Dialectical Behavior Therapy (DBT) trainer and utilizes solution focused therapy, motivational interviewing, interpersonal communication and transcultural nursing in her practice.

**#102 | Adapting Treatment for Youth Who Have a Developmental Disability - Part One**



Participants will understand characteristics of youth who have developmental disabilities and learn to differentiate these from symptoms of pathology. Participants will learn how to make adaptations to therapy, integrate family support and community resources.

*Brian D. Tallant, LPC, has been Clinical/Program Director at Aurora Mental Health Center for 18 years working exclusively with children who have developmental disabilities, and serves on the Board of Directors for NADD.*

**#103 | Learn and Practice Lean and Six Sigma Tools to Improve Workflows and Quality Outcomes**



Lean and Six Sigma are quality improvement tools first established in manufacturing that are now prevalent in health care. Learn how your agency can adopt many of these principles and tools to make improvements in workflows and improve outcomes in your business processes.

*Craig Iverson, MA, is the Director of Training and Process Improvement for the Mental Health Center of Denver. Craig has completed over 30 Lean and Six Sigma process improvement initiatives in the past 8 years positively impacting the agency's hiring and onboarding processes, revenue cycle management and appointment scheduling.*

**#104 | Putting Clients First: Customer Service in an Era of Competition**



If given a choice, would you choose to go to your Center? This workshop will focus on the importance of placing customer service as the cornerstone of making your Center's business case to other healthcare providers in an era of reform. David will identify the aspects of customer service and satisfaction that are needed to compete in today's healthcare environment including how to assess your internal and external customer service strengths and areas for development, and learn how you can lead your organization to become more customer-centric. From phone etiquette to waiting room aesthetics, to the culture change required in your workforce. This workshop walks you through the ABC's of customer service.

*See David Lloyd bio page 16*

**#105 | Colorado Individual Placement and Support (IPS) Kickoff Event**



During this convening, leaders in the behavioral health field will discuss the important contribution that the IPS program is making to individuals on their journey toward recovery.

*Nancy VanDeMark, PhD, has three decades of experience working as a clinician, researcher, and administrator in the behavioral health field. She holds a Master's Degree in Social Work with a concentration in administration and planning from the University of Denver and a PhD in Public Affairs from the University of Colorado.*

*Steve Anton, has been the Interim Director of the Colorado Division of Vocational Rehabilitation since October 2014. Prior to that, he was Deputy Director of Operations for Disability Determinations Services.*

*Andrew Romanoff, was named the CEO of Mental Health America Colorado in early 2015. He served in the Colorado House of Representatives from 2001 to 2009 and as Speaker of the House from 2005 to 2009. He was a member of the House Health, Environment, Welfare and Institutions Committee, the House Judiciary Committee, and the House Criminal Justice Committee.*

*Scott Glaser, has actively worked in the non-profit sector for twenty years serving both metro and rural non-profits, and has been the Executive Director of NAMI Colorado for three years.*

*Sandy Langfitt Reese, has been an IPS supported employment trainer and consultant at Dartmouth Psychiatric Research Center since 2010.*

## Thursday | Session & Speaker Schedule

### #200 | Colorado State Innovation Model (SIM) Update



Vatsala Pathy will be providing the group with an update on how SIM is helping transform health care in Colorado.

**Vatsala Pathy**, brings over 17 years of experience in healthcare and public health. She is presently the SIM Director in the Office of Governor John Hickenlooper. Prior to that, she was the Founder and Managing Director of Rootstock Solutions, LLC, a healthcare consulting firm. She was also a senior program officer at The Colorado Health Foundation, where she was responsible for grant making and initiative development to support healthcare delivery for low-income populations. Vatsala was a program officer at the CDC Foundation, where she served as a steward and manager of a number of national and international public health projects. She has extensive experience on state health policy research and program implementation with the Office of Colorado Governor Roy Romer, the Georgia Health Policy Center and Kaiser Foundation Health Plan of Colorado.

### #201 | Integrating Dialectical Behavior Therapy with Twelve Step Behavior - Part Two



The presenters will continue discussing how they have integrated Dialectical Behavior Therapy with the Twelve Steps, offering participants the opportunity to practice skills from the curriculum worksheets. They will also discuss how to personalize this curriculum to be utilized in a variety of settings.

**See Osvaldo Cabral, MA, LPC, CAC III & Bari K. Platter, MS, RN, PMHCNS-BC, bios on page 17**

### #202 | Adapting Treatment for Adults with Developmental Disabilities



A discussion to provide information pertinent to working with adults with developmental disabilities, education around assessment and clarifying mental health needs, and ways to provide effective treatment.

**Elise Scherzer**, has an MS degree in developmental psychology and is a therapist at Aurora Mental Health Center, working with developmentally disabled and mentally ill adults since March 1996.

**Shawna Urbanski, PsyD**, has worked at Aurora Center for Life Skills since October 2010. Prior to her graduate studies, she worked at Developmental Pathways from 2000-2003 as a Resource Coordinator and Intake-Eligibility Coordinator.

### #203 | A Data Journey with Mind Springs Health



Having access to accurate, reliable data is increasingly important in the behavioral health field. Mind Springs Health has a focus to develop and maintain a highly data-driven organization. Learn how they have developed business intelligence data tools to meet this need.

**Krista McClinton, MS, LPC**, is Director of Informatics at Mind Springs Health. Krista has a clinical background with five years experience in Data and Reporting.

#### ***Session Handouts:***

Speaker session handouts will be posted to the CBHC website [www.cbhc.org](http://www.cbhc.org) after August 15, 2015.



### #204 | Putting Clients First: The Road to Excellence

This session will take the concepts presented in the 1:00 p.m. session and move into a discussion of the customer service improvement process including Customer Service Action Plans, "Mystery Visitors" and Executive Walkthrough assessment models. Move from an honest organizational assessment to prioritizing high-leverage changes and implementing them.

*See David Lloyd bio page 16*

### #205 | Working Toward Recovery: Utilizing an Integrated Approach



This session describes how clinicians can use their supported employment program as a mode of therapy to expedite greater recovery within their caseloads. Presenters will describe how integration of IPS works in your agency's broader business and focuses on integration in mental health treatment teams and existing vocational programs. (Session designed for clinicians, therapists, case managers, peers, employment specialists, nurses, doctors, and supervisors.)

**Sandy Langfitt Reese**, has been an IPS supported employment trainer and consultant at Dartmouth Psychiatric Research Center since 2010. She has also worked in community mental health for more than 25 years.

**Natalie Brown, LCSW**, is the Clubhouse Director, SummitStone Health Partners. Natalie has worked at Spirit Crossing Clubhouse since 1999. Accredited by Clubhouse International as an EBP (SAMSHA 2012), the Clubhouse values employment, education, and meaningful relationships to support adults in sustainable recovery.

## Friday | Session & Speaker Schedule

### General Session #1 | Do It Well - Make It Fun

This presentation shows staff and leaders how to combine excellence and fun to create a work environment where people want to work.  

**Ron Culberson, MSW, CSP, CPAE**, is a speaker, author and former hospice social worker whose mission is to change the workplace culture so that organizations are more productive and staff are more content.

### #301 | Asking the Right Questions: Thinking Through Strategic Identity

Designed for Board members and leaders, this session will help organizations with strategic renewal. Through an engaging process, the session will challenge leaders to identify and evaluate new possibilities and opportunities.

**William Browning**, is the CEO of Rebound Solutions. He has led strategic renewal and planning projects for commercial and nonprofit clients. He recently completed an Executive Masters in Consulting and Coaching for Change from Oxford and HEC Universities.

### #302 | Integrating Adolescent SUD Treatment with Mental Health and Primary Care: Mental Health/Substance Treatment for Adolescents and Young Adults

Dr. Riggs will review current research from which she will derive principles for integrating the treatment of co-occurring mental health problems and substance use disorders in adolescents and young adults. She also will address practical and clinically feasible ways of applying research-based principles for integrating mental health/substance abuse treatment.

**Paula Riggs, MD**, is Professor and Director of the Division of Substance Dependence at the University of Colorado School of Medicine. She is nationally known for her research with adolescents who have co-occurring disorders and development of an evidence-based mental health/substance abuse treatment intervention known as Encompass.

## Friday | Session & Speaker Schedule

### #303 | Treating the Pain of Addiction with Acupuncture



We will explore the origin, philosophy, and treatment principals of Chinese Medicine and Acupuncture in the context of integrated healthcare, as a viable adjunct to Western Medicine.

**Bruce Hinkley, MAcOM**, works as a Case Manager for SummitStone Health Partners, Community Dual Diagnosis Treatment program and practices acupuncture in private practice in Fort Collins.

### #400 | Genuinely Speaking: How YOU Make Your Message More Memorable



This presentation shows participants how to combine the best part of themselves and their experiences with humor and stories to bring the information in their presentations alive.

See **Ron Culberson bio page 20**

### #401 | Egos, Evolution and Emergent Thinking



The session helps leadership teams assess and understand how to identify and capitalize on emergent trends in the market. This session helps leaders challenge assumptions and leadership behaviors.

See **William Browning bio page 20**

### #403 | C-PACK: How do 38 Therapists and 5 Child Psychiatrists Offer Services to Pediatricians of Colorado? Colorado Psychiatric Access & Consultation for Kids



(C-PACK) is a grant funded demonstration project offering on-demand telephonic psychiatric consultation to pediatric primary care providers and individualized care connection for patients.

**Fred Michel, MD**, is dually board certified in Adult and Child/Adolescent Psychiatry. He is the Chief Medical Officer for AspenPointe in Colorado Springs and provides corporate leadership direction and clinical oversight. Dr. Michel presents nationally on child and adolescent mental health issues and has special interests in healthcare reform, integrated care strategies, emerging healthcare technologies, meaningful use and EMR optimization for behavioral health settings.

### General Session #2 | The Future is Now: Technology in Behavioral Healthcare



Sponsored by Netsmart

1) Emerging technologies in behavioral health care - the range of options; 2) How technology is reshaping service delivery and consumer and payer expectations; 3) Making technology investments - the strategy/technology link.

**Monica E. Oss, MS**, is Senior Associate, and founder of OPEN MINDS. For two decades, she has led OPEN MINDS in its research on health and human service market trends.

### #501 | Work and Well Being for Behavioral Health Providers



Working in the behavioral health field can be stressful. We will discuss strategies to assess your well-being as well as proven tools for personal behavior change.

**Chad Morris, PhD**, is an Associate Professor at the University of Colorado, Department of Psychiatry and Director of the Behavioral Health & Wellness Program and Co-Director of the Wellness Leadership Institute.

**Cindy Morris, PsyD**, is Clinical Director for the Behavioral Health and Wellness Program and directs the Wellness Leadership Institute at the University of Colorado Anschutz Medical Campus, School of Medicine.

**#503 | Office of Behavioral Health Business Session**



This session will address business changes for Office of Behavioral Health contractors including: Business and contractual changes, budget, data trends, programmatic highlights and the plans for the future.

**Rebecca Helfand, PhD**, is the Evaluation Manager for the Community Programs arm of the Colorado Department of Human Services, Office of Behavioral Health (OBH).

**Andrew Martinez**, is the Chief Financial Officer for the Community Programs arm of the Colorado Department of Human Services, Office Of Behavioral Health (OBH).

**#504 | Generations: Working Together - Part One**



Each generation wears a different lens through which they view the world. How do we manage to work together? We will explore ways to leverage differences in order to create more collaborative work experiences and communicate effectively.

**Julie Auger**, is an Organizational Development and Leadership consultant with Mountain States Employers Council. With over 14 years' experience, she specializes in helping leaders and organizations thrive.

**#505 | Adolescent Community Reinforcement Approach: From Implementation to Year Two of an Evidence-Based Practice for 12 to 25 Year Olds Struggling with Substance Abuse**



The session will cover the initial program implementation, overview of the core elements of the model and the outcomes achieved during the first two years of the program.

**Dennis Ballinger**, is Clinical Manager for Child and Family Services at Arapahoe Douglas Mental Health Network. He has worked with adolescents and young adults struggling with co-occurring disorders for nearly 20 years.

**Mark Sanders, LPC, CACIII**, is Clinical Supervisor of Arapahoe/Douglas Mental Health Network Bridges Program and Child and Family Services, Littleton, CO.

**#600 | Making Digital Medicine Work for Your Organization**



*Sponsored by Netsmart*

1. Developing your organization's digital technology strategy.
2. Best practice in purchasing digital technology.
3. Making digital technology work in your organization, from implementation to sustainability.

**See Monica E. Oss, MS, bio page 21**

**#601 | Health and Wellness: A Key to Recovery for Persons with Substance Use Disorders**



How do substance use agencies effectively integrate wellness programming into their mission, marketing, and daily practice? We will share how this is being accomplished across a continuum of treatment settings.

**See Chad Morris, PhD, & Cindy Morris, PsyD, bios page 21**

**Evaluations**

Scan the QR code and browse to:  
[www.cbhc.org/evaluations](http://www.cbhc.org/evaluations) or get the mobile app  
 to rate each session at the 2015 conference!



## Friday | Session & Speaker Schedule

### #602 | Peer Support Services: How to Make Them Live & Breathe



Learn how Peer Support Services are essential to integrated care and the recovery process. Come with questions. We have answers.

**Antoinette Dow, MPH**, is CEO Providers Resource Clearinghouse and Director of the Peer Specialist Program at Aurora Mental Health Center. Antoinette has worked in behavioral health for 23 years.

**Sherry Meyer, BA**, is Program Director, Recovery Support Services, North Range Behavioral Health and has 14 years at NRBH with work in the following areas: Residential program that includes both supervised and independent housing options, Case Management, Peer Support Specialist oversight, and Payee program oversight.

**Jennifer Miller**, is Peer Specialist Coordinator, North Range Behavioral Health.

Jennifer has been with North Range Behavioral Health for the past 2 years, and oversees the Crisis Residential Respite, and the Crisis Response Team Peer Specialists.

**Cindy Raley**, is a Vocational Peer Support Specialist and Advocate and is a part of several boards including Peer University (AuMHC), Peer Advisory – State of Colorado Certification, Colorado iNAPs.

**John Scewczyk**, was first diagnosed with schizophrenia while in the U.S. army in 1975. In the summer of 1998, someone from Centennial Mental Health came to pick him up and told him about their Fourth Street housing for people in recovery and he went to therapy groups at the Centennial Center in Sterling. He went to the Peer Specialist training Program and knew then that being a peer specialist was his calling in life. He is now employed as a full-time peer specialist at Centennial and mentors those who feel lost just like he did.

**Susan Wagner, MSW, LSW**, is Lead Adult Outpatient Peer Specialist at Jefferson Center for Mental Health. Susan has provided over 8 years of mentoring and advocacy while exploring the power of recovery with clients.

### #603 | Colorado Medicaid's Accountable Care Collaborative Version 2.0



This presentation will describe the next phase of the Accountable Care Collaborative, Colorado Medicaid's effort to optimize health for those we serve through accountability for value and client experience.

**Laurel Karabatsos**, is the Director of the Delivery System and Payment Innovation Division at the Colorado Department of Health Care Policy and Financing. Laurel leads the Department's work innovating, testing and refining new ways to deliver and pay for health services. She is committed to finding ways to make health care work better for Medicaid clients while controlling costs for the state, to ensure the long-term viability of Medicaid for Coloradans who need it.

### #604 | Generations: Working Together - Part Two



Each generation wears a different lens through which they view the world.

How do we manage to work together? We will explore ways to leverage differences in order to create more collaborative work experiences and communicate effectively.


See **Julie Auger bio page 22**

#### ***Session Handouts:***

Speaker session handouts will be posted to the CBHC website [www.cbhc.org](http://www.cbhc.org) after August 15, 2015.







**#605 | Ensuring CURRENT and Future Success Through Leadership Succession Development** 

Developing a strong succession development plan helps to create a robust leadership system that leads to organizational success today, as well as for years to come. Through engaging examples, Shawn will provide valuable insights, tools, and tips of how any organization can develop a very active, progressive, and positive leadership succession system.

***Shawn Evans**, is the Senior Vice President for Performance Excellence for University of Colorado Health. In addition to this role, he also works with organizations throughout the country in helping them achieve organizational excellence.*

**Saturday | Session & Speaker Schedule**

**KEYNOTE | Scanning the Horizon: Leadership in a Rapidly Changing World**  

Looking ahead 10 years, Eric will present a set of trends shaping the future of behavioral healthcare and invite participants to approach the future in an unconventional, aspirational manner.

***Eric Meade**, is a futurist and whole mind strategist. He serves as Chairman of the Board of the World Future Society and has previous careers in business in China and as a submarine officer.*




**#700 | Healthcare Leadership Amid Complex Change**  

Eric will explore with participants an opportunity to lead their organizations into the future in a way that allows for uncertainty and breaks the traditional leadership mold.

*See Eric Meade bio above*



**#701 | Creating a Pipeline of Peers: Workforce Development Innovation** 

The Pipeline of Peers is a workforce development and revenue generating prototype for community mental health centers (CMHC) and local NAMI affiliates. Presenters outline an innovative back-to-work partnership between a community mental health center, NAMI peer-program participants and the local NAMI affiliate. Presenters offer a glimpse into a new type of opportunity created by the Affordable Care Act and the expansion of Medicaid. Opportunities and challenges of this type of partnership will be highlighted including: 1) integrating peers on a clinical team; 2) cultivating job readiness; 3) supporting peer employment; 4) adapting workplace cultures; and 5) creating new and sustainable revenue streams. This model can be adapted locally, particularly in communities where the mental health center is just beginning to actively engage peers and family members as employees.

***Jason DeaBueno**, is a Vice President for AspenPointe Health Service in Colorado Springs, Colorado. He has been employed with the organization for over eleven years. A graduate from Case Western Reserve University with a Master's of Social Science Administration and an MBA from Amberton University, he is a licensed clinical social worker and has been practicing since 1997 in both clinical and administrative capacities. He has specific training in dementia care and caregiver support and has been recognized as having expertise in designing and developing systems of care that work to meet the needs of specialized populations. He has served as Board President of Mental Health America, Colorado Springs and also as treasurer for the Colorado Springs local chapter of NAMI.*

**Speakers continued on next page...**

### #701 | *Speakers continued*

**Chaundra Rush**, is a Peer Specialist at the Crisis Stabilization Unit operated through AspenPointe. She holds a BS in Human Resources, is an author, mother of 5 and a wife of 25 years.

**Tyler Shull**, lives with family in Woodland Park Colorado and works with AspenPointe in Colorado Springs as an Access Center Vocational Specialist. Tyler started with AspenPointe in September of 2014, and works with clients to help in finding employment and solid, healthy career and job habits in their chosen occupational fields.

### #702 | Integrated Health Care: Past, Present and (Look Out!) the Future

We will present implications of care integration for healthcare reform, practice change, funding reform and accountability; and look into future models of care, training and funding.

**Bern Heath, PhD**, is the CEO of Axis Health System, founded as a CMHC and now transforming to an integrated health system. Axis operates two Level 6 integrated clinics operating on an FQHC foundation.

### #703 | Supervision Performance Portfolios

Using a supervision portfolio of ongoing data-driven performance measures for supervisors and supervisees is a way for organizations to provide a supportive clinical and administrative review of supervised service delivery.

**Cynthia Grant, PhD, LCSW**, is the Quality Improvement Clinical Manager at Arapahoe/ Douglas Mental Health Network. She provides collaborative monitoring and evaluation of service delivery and data to improve client outcomes.

**Sonia Jackson**, is the Chief Operating Officer at Arapahoe/Douglas Mental Health Network. She has 25 years of service in behavioral health as a provider of care, in leadership and quality management positions.

### #704 | Best Practices with Commercial Insurance

Community Mental Health Centers have developed new best practices for the emerging commercial insurance market that prioritize the client's overall health while fitting in the current payment model.

**Sara Kemp, LMHC**, is Commercial Markets Coordinator at CBHC and has over 25 years experience in non-profit and for-profit sectors. Formerly she was Executive Director of Clearview Communities and Director of Operations at Windhorse Integrative Mental Health.

### #705 | Offering Culturally Relevant Mental Health Therapy Through the Convergence of Psychosocial and Cultural Factors

This presentation will discuss culturally responsive therapeutic interventions by incorporating socio-environmental, economic, cultural and political factors in the assessment, diagnosis and treatment of diverse populations.

**Dellena Aguilar, PhD** is the Manager of the Mental Health Program at Servicios de La Raza. She graduated from The University of Denver in 2011 with a PhD in Counseling Psychology. Her research was related to Latina survivors of intimate partner violence. Dellena's primary interests are in cultural competencies and evidenced based practices in working with marginalized groups.

**General Session #3 | Walks on the Margins: A Story of Bipolar Illness**

Max Maddox and his mother Kathy Brandt will portray the challenges and triumphs of living in recovery since Max's rebound from the devastating mood episodes of his early adulthood.

**Kathy Brandt**, is an award-winning author and NAMI-Colorado Springs board member. She received the 2012 National NAMI Award for leadership. She speaks, writes, and teaches about mental health.

**Max Maddox**, is a professional artist diagnosed with Bipolar in 1999. He has since become an advocate for mental illness awareness, appearing recently on PBS and with the International Bipolar Foundation.

**#801 | Prescription Drug Abuse in Colorado: A Statewide, Collective Action Approach to the Problem**

This session will describe the scope and causes of the prescription drug abuse problem in Colorado, and a statewide, collective action approach that has been developed to address it.

**Robert Valuck, PhD, RPh**, is a professor of Pharmacy, Epidemiology and Family Medicine at the University of Colorado. He is Director of the Colorado Consortium for Prescription Drug Abuse Prevention.

**#802 | Promoted! Keys to Becoming a Skillful, Confident & Effective Manager**

Management is as important as leadership! This workshop will address key insights and skills for becoming a highly skillful, confident, and effective manager in a behavioral health organization.

**Ginny Trierweiler, PhD**, is a Mission-Based Leadership Coach, an experienced mental health professional and consultant whose 20 years' experience as a nonprofit leader taught her the importance of skillful management.

**#804 | A Powerful Union: Behavioral Health, Primary Care and RCCO Community Management**

The integration of behavioral health and primary care is better able to address the needs of people with mental health issues and addiction disorders. But what happens when primary care, behavioral health and the RCCO (Regional Care Collaborative Organization) join forces? The joint collaborative is truly able to reduce barriers, assist members to navigate systems, attack social determinants of health and improve health care for these individuals.

**David Felix, RCCO**, is a Case Manager, represents North Range Behavioral Health on the North Colorado Health Alliance Care Management Team and is one of two of the team's behavioral health specialists. Prior to working as a RCCO Case Manager, David worked 20 years in acute care behavioral health hospitals in South Dakota and Northern Colorado.

**Joanna Martinson, BSN, RN, ADS**, is the Director of Care Coordination for the North Colorado Health Alliance. Joanna supervises the Alliance's RCCO Care Management Team. Before joining the Alliance, Joanna served as Program Director of Medical Services at North Range Behavioral Health, where she managed providers and the integration of behavioral health with primary care. Joanna was also Program Director of Residential Treatment for children with severe behavioral and emotional needs at North Range.

**Paulette Tarnasky, LCSW**, is Program Director for North Range Behavioral Health in Greeley, Colorado. Providing behavioral healthcare services including, brief assessments, crisis intervention, counseling services, groups and care management services in medical clinic settings.

## Saturday | Session & Speaker Schedule

### #805 | Behavioral Health is at the Table, Now We Just Need Our Utensils



Policy changes are driving behavioral health into the center of health, but we're just getting started! Explore national policy proposals, political influencers, and how to take advantage of what's ahead.

*Mohini Venkatesh, is Vice President of Practice Improvement at the National Council for Behavioral Health. As a national policy expert, Ms. Venkatesh conducts systems-level analysis on the most pressing healthcare issues.*

### #900 | Implementation of Medication Assisted Treatment for Substance Use Disorders



What are the unique interventions used for individuals on Medication Assisted Treatment? This session will address this question and others about medications used to assist in use reduction or abstinence from licit and illicit substances.

*Angela Bonaguidi, is the Director of Addiction Research and Treatment Services Adult Outpatient Program at the University of Colorado's School of Medicine, Department of Psychiatry. In addition to operational and clinical oversight, she coordinates multiple SAMHSA grants.*

### #901 | Using Technology for Patient Engagement, Adherence and Outcome Measurement



This session will discuss challenges in engaging patients between health care provider visits, measuring and promoting adherence, and measuring clinical outcomes. Technological solutions will be demonstrated for achieving these objectives.

*See Robert Valuck, PhD, RPh, bio page 26*

### #902 | Emerging Issues in Telepsychiatry



With the ever-increasing availability and growth of technology, telepsychiatry will play a crucial role in the future of behavioral health. This session will discuss the emerging issues in telepsychiatry today.

*Matt Uilrich, is a health care attorney at the law firm of Caplan and Earnest.*

*Previously, Matt worked at Colorado Medicaid with behavioral health clinicians and organizations throughout the state.*

*Meghan Pound, is a health care attorney and litigator at the law firm of Caplan and Earnest. Meghan has a wide array of experience representing behavioral health clinicians and organizations.*

### #903 | CBHC TED Talks: Illustrations of Best Practices in the Clinical Arena | Sponsored by The Colorado Health Foundation



CBHC is proud to present this special session dedicated to highlighting some of the excellent work being done through our community behavioral health system in the clinical arena. Four of the outstanding programs nominated for the Golden Lightbulb award have been invited to present a short talk on their program and participate in discussion about how they have achieved success.

### #904 | Harnessing the Power of Digital and Social Media Marketing



Digital marketing is a critical aspect of today's marketing mix, and if approached strategically, it can create unparalleled interest, loyalty, and enthusiasm for your organization. This session will cover: 10 keys to a winning website; Mastering the art of SEO; How blogging can propel your brand; Social media marketing, from planning to policy using (Facebook, LinkedIn, Twitter, Pinterest, Instagram, etc); Leveraging the power of video.

*See Gretchen Gaede bio page 16*

**#905 | Solution-Focused Supervision & Management: Leading From One Step Behind**



This workshop will explore how to shift the focus from problems to a collaborative vision. A specific focus will be on how to use solution-focused management tools to help staff maintain and protect professional resiliency while managing high work loads.

***Teri Pichot, LCSW, LAC, MAC,** has more than twenty-five years experience working with some of the most challenging clients including those who struggle with substance misuse, chronic mental illness, and domestic violence. She is the founder of the Denver Center for Solution-Focused Brief Therapy, and she provides inspiring and educational trainings and workshops to professionals around the world on how to use this evidenced-based approach with some of the most difficult clientele.*

**#1000 | CBHC's 2015 Legislative Update**



How did behavioral health fare in 2015 and what's on the horizon for 2016? Join CBHC's policy team to understand how your legislators' actions affect how you will be providing services in your community.

***Frank Cornelia, MS, LPC,** is the Associate Director for Policy & Government Affairs for CBHC. He has more than 20 years of experience in the behavioral health field, much of it as a clinical professional. Frank holds a Bachelor's degree in Psychology from the University of Minnesota and a Master's degree in Health & Human Development from Montana State University.*

***Coral Cosway, BS, MS,** is the Director of Policy and Government Affairs for CBHC. She has worked for multiple healthcare membership associations, as a lobbyist on health care issues, and as a legislative aide in the U.S. Congress. Coral holds a Masters degree in urban planning and a Bachelors degree in public policy, both from Indiana University.*

***Gil Romero, JD,** is a Principal/Attorney with Capitol Success Group, a government affairs and lobbying firm he started in 1999. He is currently the lead lobbyist for CBHC. Gil Romero served in the Colorado House of Representatives from 1984 – 1998, eight of those years he served on the powerful Joint Budget Committee. He was a Gates Fellow, Senior Executive in State and Local Government, Harvard University-John F. Kennedy School of Government. Mr. Romero worked as a Chief Deputy District Attorney as well as a State Public Defender.*

**#1001 | Where Do You Stand on Spiritual Integration?**



Explore this essential therapeutic element, including how to assess and incorporate spiritual wellness into treatment.

***Dennis Middel, MEd,** serves as the Director of Faith and Spiritual Wellness for the Mental Health Center of Denver. He is passionate about the role of spirituality in mental health.*

***Evaluations***

Scan the QR code and browse to:  
[www.cbhc.org/evaluations](http://www.cbhc.org/evaluations) or get the mobile app  
 to rate each session at the 2015 conference!



## Sunday & Sunday | Session & Speaker Schedule

### #1002 | Telehealth Laws: What Your Organization Needs to Know

What are the current Colorado and Federal laws and regulations for telehealth? This session will provide an overview and explain what your organization needs to know in today's regulatory environment.

*See Matt Ullrich & Meghan Pound bios page 27*

### #1003 | CBHC TED Talks: Illustrations of Best Practices in the Non-Clinical Arena | *Sponsored by The Colorado Health Foundation*

CBHC is proud to present this special session dedicated to highlighting some of the excellent work being done through our community behavioral health system in the non-clinical arena. Four of the outstanding programs nominated for the Golden Abacus award have been invited to present a short talk on their program and participate in discussion about how they have achieved success.

### #1005 | Solution-Focused Integrated Care

This session will provide a framework in which behavioral health professionals can effectively balance seemingly competing agendas in an effective way. A focus will be on discovering common goals between the client and medical team while addressing needs within short time frames.

*See Teri Pichot, LCSW, LAC, MAC, bio page 28*

## Sunday | Session & Speaker Schedule

### #2000 | Quitline Outcomes for Smokers with Behavioral Health Conditions and Limitations and Alternative Methods to Quit Smoking

Quitlines serve hard to reach, the uninsured, lower SES and lower education level. This study demonstrates how adults with behavioral health issues are using tobacco quitlines.

*Amy Lukowski, serves as Clinical Director for Health Initiatives and Assistant Professor of Medicine in the Department of Medicine at National Jewish Health and Assistant Professor in the Department of Psychiatry at the University of Colorado Denver, School of Medicine. She is a licensed psychologist, Tobacco Treatment Specialist (TTS) and a MINT (Motivational Interviewing Network of Trainers) trainer.*

### #2001 | Working Together in a Different World: PCPs and Behavioral Health

A panel discussion addressing the challenges and rewards integrating primary care and behavioral health.

*Greg Finnoff, DO, is Medical Director of Kirksville College of Osteopathic Medicine. Southern Colorado Family Medicine. Professional Interests: Family Medicine (soup to nuts!) especially procedures.*

*Lisa McConnell, FNP-BC, is a Family Nurse Practitioner at Sunrise Community Health North Range Behavioral Health Clinic. Sunrise is a unique clinical family practice strategically located for the purpose of providing primary medical care to their behavioral health and substance abuse patients and their families.*

*Lesley Brooks, MD, serves as the Chief Medical Officer for Sunrise Community Health and as the Assistant Medical Director for the North Colorado Health Alliance in northern Colorado. Dr. Brooks, a board certified family physician, has practiced full scope family medicine including obstetrics in northern Colorado since 2008. In her role as Assistant Medical Director, Dr. Brooks is responsible for the oversight of care plans for Medicaid patients enrolled in the Regional Care Collaborative Organization (RCCO), and for coordination of an integrated team of providers working to better manage the use of opioids for treatment of chronic non-cancerous pain.*

**#2002 | Integrated Behavioral Health in Pediatric Practices: Lessons from the Field**



Pediatric practices are embracing integrated care as the standard of care for families. This session will highlight integrated care in pediatric practices, and share lessons learned about funding integrated care, establishing effective care approaches, and measuring outcomes to demonstrate effectiveness.

**Patrece Hairston, PsyD**, is a licensed clinical psychologist at the Colorado Children's Healthcare Access Program, focused on supporting medical homes in executing behavioral health initiatives. This includes providing support and assistance in behavioral health screening (developmental, socio-emotional, and pregnancy-related depression), promoting care coordination and navigation for behavioral health disorders, and helping to build more efficient and effective partnerships between medical homes and the behavioral health community.

**Knoel Hendrick, LCSW**, has diverse experience including 15 years as a social worker and a varied background as a clinician. She currently serves as Integrated Care Practice Manager at Rocky Mountain Youth Clinics.

**Laura Hill, MSN, RN, CNL**, is the Director of Integrated Care and Wellness for Behavioral Healthcare, Inc. Ms. Hill provides technical assistance and support to providers regarding the development and implementation of evidence-based practices and early intervention/prevention strategies and screenings.

**Orlando Padilla, Jr., LPC, NCC**, is Assistant Program Manager Integrated Care, Child and Family Services, MHCD, and has 14 years experience working with children, adolescents, and families with behavioral/mental health issues.

**#3000 | Saving Patients While Saving Money: Managing In-Patient Utilization Well**



This session will discuss the challenges of managing costs while the Medicaid system expands and Behavioral Health Inc.'s experience in ensuring efficient, quality care for Medicaid members.

**Ron Morley, MD**, is the Chief Medical Officer for BHI, the state's largest BHO. Dr. Morley regularly speaks to providers and physician groups on a variety of topics.

**#3001 | Meaningful Data Exchange: A Key to Integrated Care**



In this session, you will learn what Colorado's HIEs are doing to help with meaningful data exchange; see what other States have done to include more meaningful behavioral health data within the care documents they exchange; and much more! Come and be inspired by what you can do to enhance your partnerships in this significant way.

**Toria Thompson**, serves as Behavioral Health Information Exchange Coordinator at CORHIO. During the past 10 years Toria has worked extensively on healthcare initiatives in Colorado, and across the country, including the development of medical image exchanges for HIEs, secure physician texting and other data exchange initiatives. Toria serves on the SIM HIT and Data Workgroup as well as OBH's DII initiative.

***Session Handouts:***

Speaker session handouts will be posted to the CBHC website [www.cbhc.org](http://www.cbhc.org) after August 15, 2015.



**#3002 | Screening & Brief Intervention: A Case for Prevention**

This session will provide an overview of screening for alcohol and depression in healthcare settings, solutions to commonly perceived barriers to screening and referring to specialty behavioral health, and provide an opportunity for discussion around early intervention and prevention efforts.



**Emily Schrader**, currently works with Behavioral Healthcare, Inc. (BHI), as the Clinical Substance Use Coordinator. She has been trained to offer Screening, Brief Intervention and Referral to Treatment education, support, and consultation through SBIRT Colorado. Ms. Schrader has spoken about SBIRT to multidisciplinary audiences both within the BHI network of providers as well as outside of the network with the goal of enhancing substance use prevention efforts and overall integration of substance use services into a variety of healthcare settings.

**Natalie Wood**, is the Director of Policy and Development for Peer Assistance Services, Inc. She has worked on state and national policy issues for 15 years, most recently focusing on substance use disorders and their impact.

See **Laura Hill, MSN, RN, CNL**, bio on page 30

# HANDOUTS

*Download the conference*

*HANDOUTS*

*from [www.cbhc.org](http://www.cbhc.org)*

*after August 15, 2015*





# Exhibitor Passport

Use the Passport in your welcome packet  
or pick one up at the registration table and  
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One entry per conference attendee. You must visit at least 20 exhibitors, include your name and email on the card and turn it into the CBHC registration desk by the end of the conference for a chance to win.



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One entry per conference attendee. You must visit at least 20 exhibitors, include your name and email on the card and turn it in to the CBHC registration desk by the end of the conference for a chance to win.



# Thank You to Our Partners in Education

*The Colorado Behavioral Healthcare Council would like to acknowledge and express its sincere appreciation for the exhibitors and sponsors who participate in our CBHC annual training conference.*

**A-Train Marketing Communications, Inc. | 125 S. Howes St., Suite 502, Ft. Collins, CO 80521 | 970-419-3218 | [www.etrainmarketing.com](http://www.etrainmarketing.com)**

By working with clients and industries dedicated to integrity, community, and sustainability, A-Train Marketing, Inc. seeks to make a positive impact on the world. We provide unique approaches to marketing by balancing outstanding strategic and creative solutions, including market research and strategic planning, branding, public relations, social media, graphic design, print collateral and web development.

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AccessCare combines innovative telemedicine technology and clinically integrated services. Leaders in the health plan and telemedicine fields have joined forces to design and build an innovative model and toolset for telebehavioral health. This is the only telebehavioral health platform that is built organically by health plan leaders based on years of experience and proven results.

**Alkermes, Inc. | 852 Winter St., Waltham, MA 02451 | 781 609-6000  
[www.alkermes.com](http://www.alkermes.com)**

Alkermes is a fully integrated, biopharmaceutical company focused on addressing the unmet needs and challenges of people living with chronic central nervous system (CNS) diseases, including schizophrenia, depression, addiction, pain and multiple sclerosis. Working independently and in partnership with others, Alkermes has helped to develop more than 20 medications approved to treat serious medical conditions. With a global headquarters in Dublin, Ireland, Alkermes has an R&D facility and its US corporate headquarters in Waltham, Massachusetts; a research and manufacturing facility in Athlone, Ireland; and manufacturing facilities in Gainesville, Georgia and Wilmington, Ohio.

**AmeriCares | 88 Hamilton Ave., Stamford, CT 06902 | 203-658-9500  
[www.americares.org](http://www.americares.org)**

AmeriCares is an emergency response and global health organization – their U.S. Medical Assistance Program is the largest provider of donated medicine, vaccines and medical supplies to the healthcare safety net, with a network of over 800 partners in more than 2,000 health centers across all 50 states. Sign up to begin receiving donations.

**Beacon Health Options | *Bronze Sponsor* | 9925 Federal Drive, Suite 100, Colorado Springs, CO 80921 | 719-538-1430 | [www.beaconhealthoptions.com](http://www.beaconhealthoptions.com)**

ValueOptions® and Beacon Health Strategies, two companies sharing a mission of helping people live life to the fullest potential, today are one company “Beacon Health Options,” the national leader providing behavioral health solutions to public and private health plans. Beacon Health Options’ Colorado Partnerships combine local collaboration with national expertise benefiting Coloradans.

**Behavioral Healthcare Inc. | *Welcome Reception Sponsor* | 1290 Chambers Road, Aurora, CO 80011 | 303-361-8100 | [www.bhicares.org](http://www.bhicares.org)**

BHI provides for a continuum of behavioral health services including mental health and/or substance use that demonstrates a commitment to superior quality and respect for its members and families. BHI strives to promote recovery by focusing on the unique needs, strengths, and hopes of members and families in Adams, Arapahoe, and Douglas Counties.



**Colorado Access | *Bronze Sponsor* | 10065 E. Harvard Ave., Suite 600, Denver, CO 80231 | 800-511-5010  
[www.coaccess.com](http://www.coaccess.com)**

Colorado Access is a local, nonprofit health plan that provides access to behavioral and physical health services for

Coloradans. Their mission is to increase access to high-quality care for all Coloradans. Colorado Access currently serves the behavioral health needs of Medicaid recipients in Denver County and Northeast Colorado.

**Colorado Department of Human Services, Office of Behavioral Health**  
*Pre-Conference Sponsor of Colorado Supported Employment: Expanding Partnerships that Work* | 3824 W. Princeton Circle, Denver, CO 80236 | 303-866-7400  
[www.colorado.gov/cdhs](http://www.colorado.gov/cdhs)

Located within the Colorado Department of Human Services, the Office of Behavioral Health (OBH) is the State's behavioral health authority. OBH is responsible for policy development, service provision and coordination, program monitoring and evaluation, and administrative oversight for the public behavioral health system. OBH funds, supports and monitors numerous mental health and substance abuse community programs and providers, and reviews and designates the State's 27-65 providers. OBH also operates the Colorado Mental Health Institutes at Fort Logan and Pueblo. OBH executes the State's federal responsibilities as the State Mental Health Authority and the State Substance Abuse Authority for the purposes of administering federal mental health and substance abuse block grant funds.

**Colorado Regional Health Information Organization (CORHIO) | 4500 Cherry Creek South Dr., Suite 820, Denver, CO 80246 | 720-285-3200 | [www.corhio.org](http://www.corhio.org)  
[info@corhio.org](mailto:info@corhio.org)**

CORHIO is improving health care quality for all Coloradans through cost-effective and secure implementation of health information exchange (HIE). CORHIO works closely with and among communities across Colorado to develop and implement secure systems and processes for sharing clinical information.

**Colorado Health Partnerships | *Welcome Reception Sponsor* | 9925 Federal Drive, Suite 100, Colorado Springs, CO 80921 | 800-804-5008  
[www.coloradohealthpartnerships.com](http://www.coloradohealthpartnerships.com)**

Colorado Health Partnerships, (CHP) is a public/private partnership providing quality mental health services to Medicaid eligible members in Southern and Western Colorado. CHP was formed in 1995, when 8 community mental health centers formed a partnership with ValueOptions®, the nation's largest independent behavioral health and wellness company. Together, they formed a limited liability corporation (LLC). This LLC contracts with Colorado's Department of Health Care Policy and Financing.

**Colorado Telehealth Network (CTN) | 7335 East Orchard Road, Suite 100, Greenwood Village, CO 80111 | 720-489-1630 | [www.cotelehealth.com](http://www.cotelehealth.com)**

Maximizing access to health care services, especially in underserved regions of the state, through information and communications technology.

**DATIS HR Cloud, Inc. | 401 E. Jackson St., #1550, Tampa, FL 33602 | 813-289-4451  
[www.datis.com](http://www.datis.com)**

DATIS delivers Human Capital Management and Payroll software designed for the nonprofit human services industry. DATIS' complete, cloud-based solution enables nonprofits to increase productivity and compliance, while decreasing administrative tasks and risk. The workforce application includes Payroll, Time & Attendance, Recruiting, Onboarding, Benefits Administration, Talent Management, Analytics, and more, in one platform.

**Devereux Colorado | 8405 Church Ranch Blvd., Westminster, CO 80021  
303-466-7391 | [www.DevereuxCO.org](http://www.DevereuxCO.org)**

Devereux Colorado provides treatment and care for children/adolescents with emotional and behavioral problems. In addition to a 100-bed residential program, our community-based behavioral health continuum includes outpatient therapy, intensive home-based services, an independent living program, hospital diversion unit, mobile crisis stabilization, and a robust vocational program for developmentally delayed adults.

**Dominion Diagnostics | 211 Circuit Drive, North Kingstown, RI 02852  
877-734-9600 | [www.dominiondiagnostics.com](http://www.dominiondiagnostics.com)**

Dominion Diagnostics is a national drug monitoring partner that offers customizable testing options and unique clinical solutions for enhanced accuracy and insight into treatment efficacy and outcomes. Dominion's Comprehensive Analysis of Reported Drugs (CARD)™, provided with every report, correlates test results with patients' self-reported drug misuse and treatment related medication use.

**El Pueblo...an Adolescent Treatment Community | 1 El Pueblo Ranch Way, Pueblo, CO 81006 | 719-334-8170 | [www.elpueblokids.org](http://www.elpueblokids.org)**

El Pueblo provides a continuum of services for adolescents with mental, behavioral and developmental disorders, using trauma informed practices. We offer a higher level of intervention and services for youth with developmental disabilities and cognitive delays and provide neuro-developmental services to youth with autism spectrum and other sensory processing disorders.

**Foothills Behavioral Health Partners | *Welcome Reception Sponsor* | 9101 Harlan St., #100, Westminster, CO 80031 | 303-432-5953 | [www.fbhpartners.com](http://www.fbhpartners.com)**

FBHP administers the Medicaid behavioral health benefits for plan Members living in Boulder, Broomfield, Clear Creek, Gilpin and Jefferson counties. FBHP strives to attain the triple aim in healthcare; a great service experience, an effective result for the plan Member and cost effectiveness for the purchaser of care.

**Genoa, a QoL Healthcare Company | 3140 Neil Armstrong Blvd., Suite 300, Eagan, MN 55121 | 412-721-2171 | [www.genoa-qol.com](http://www.genoa-qol.com)**

Genoa, a QoL Healthcare Company is the nation's market-leading provider of pharmacy services dedicated to the behavioral health community and those affiliated with managing the cost and quality of their care.

**IMA | 1705 17th Street, Denver, CO 80202 | 303-534-4567 | [www.imacorp.com](http://www.imacorp.com)**

IMA is a full service insurance and employee benefits brokerage and consulting firm. As the 28th largest broker in the country, IMA is 100% employee owned and offers a full range of risk management & employee benefit related services. They have 260 employees in their Denver office which is located at Union Station in Denver.

**Indivior | 10710 Midlothian Turnpike, Suite 430, Richmond, VA 23235  
804-379-1090 | [www.indivior.com](http://www.indivior.com)**

Strengthening Leadership in Opioid Addiction Treatment: Further enhance delivery, decrease dosing, and increase adherence and retention of our market-leading physician and patient preferred buprenorphine therapies. Delivering New Treatments to Address Patients' Unmet Needs: Leverage our expertise in neuroscience to discover and develop new treatments for alcohol addiction, opioid overdose, cocaine intoxication and co-occurring conditions such as schizophrenia. Expanding Patient Access to Treatment: Engage with government, key opinion leaders, physicians, healthcare providers, payers, and patient advocacy groups to expand access to treatment and improve patient outcomes.

**Janssen Pharmaceuticals, Inc. | 1125 Trenton Harbourton Road, Titusville, NJ 08560  
609-730-2000 | [www.janssenpharmaceuticalsinc.com](http://www.janssenpharmaceuticalsinc.com)**

Janssen Pharmaceuticals, Inc., a pharmaceutical company of Johnson & Johnson, provides medicines for an array of health concerns in several therapeutic areas, including: ADHD, general medicine (acid reflux disease, infectious diseases), mental health (bipolar I disorder, schizophrenia), neurology (Alzheimer's disease, epilepsy, migraine prevention and treatment), pain management, cardiovascular, and women's health.

**Kaiser Permanente | *Grant Sponsor* | 10350 East Dakota Avenue | Denver, CO 80247  
303-338-3800 | [www.kp.org](http://www.kp.org)**

Kaiser Permanente Colorado is the state's largest nonprofit health plan, proudly working to improve the lives and health of Colorado residents for more than 45 years. Kaiser Permanente Colorado provides comprehensive health care services to 625,000 members through 28 medical offices and a network of affiliated hospitals and physicians.

**Mount Saint Vincent | 4159 Lowell Blvd., Denver, CO 80211 | 303-458-7220  
[www.msvhome.org](http://www.msvhome.org)**

Mount Saint Vincent is a leader in children's mental health and a flagship site for the Neurosequential Model of Therapeutics (NMT), an honor bestowed by The ChildTrauma Academy of Houston, Texas. Our services include: Residential Treatment, Day Treatment and School Programs, In-home Services, Clinical Assessment, and Consultations and Trainings.

**myStrength.com | 8480 East Orchard Road, Suite 4400 , Greenwood Village, CO 80111 | 303-779-0169 | www.myStrength.com**

myStrength is an innovative self-help resource transforming evidence-based content that can augment treatment for depression, anxiety, and substance use. The web and mobile applications include interactive tools, action plans, daily inspiration, and learning modules. These resources are offered through a HIPAA-compliant platform to extend care, improve outcomes, and lower cost of delivery.



**Netsmart | Gold Sponsor of Monica Oss General Session #2 & #600 | 4950 College Blvd., Overland Park, KS 66211 | 800-472-5509  
www.ntst.com**

Netsmart helps behavioral health providers deliver recovery-based care with Netsmart CareFabric™ ([www.whatiscarefabric.com](http://www.whatiscarefabric.com)), a tightly woven framework that supports the integrated, coordinated delivery of health services. Our CareRecords deliver features to enhance the clinical, financial and operational needs of both inpatient/outpatient behavioral healthcare.

**Odyssey Software | 105 Bradford Rd., Suite 200, Wexford, PA 15090 | 724-940-4411 | www.tosg.com**

Odyssey Software provides software and services for the administrative functions of behavioral health organizations. Our solutions include Microsoft Dynamics GP (Great Plains), integrating Dynamics GP with Electronic Health Record systems and developing data warehouses and dashboards. Dynamics GP includes functionality for general ledger, financial reporting, payroll and human resources in a tightly integrated system. Odyssey can help you deploy Dynamics GP either on premise or in the cloud.

**Provo Canyon School | 4501 N. University Ave., Provo, UT 84604 | 800-848-9819  
www.provocanyon.com**

Provo Canyon School is a leading national provider of residential youth treatment supporting the academic, therapeutic, and developmental needs for both boys and girls ages 8 through 18. We have established a reputation for being a premier school and residential treatment program serving youth that are struggling with emotional, behavioral and academic challenges.

**Qualifacts Systems Inc. | 200 2nd Ave., South | Nashville, TN 37201  
615-386-6755 | www.qualifacts.com**

Qualifacts is the largest provider of cloud electronic health record and billing solutions for behavioral health and human services providers. Qualifacts' CareLogic Enterprise is Stage 2 Meaningful Use Certified and includes integrated clinical, financial and reporting capabilities.

**Senior Reach | Jefferson Center for Mental Health | 4851 Independence St., Wheat Ridge, CO 80033 | 303-425-0300 | www.jcmh.org**

Senior Reach is a nationally recognized evidence based program that utilizes community education and outreach to engage isolated, at-risk older adults and connect them to behavioral health and other community services needed to support their well-being and independence. Senior Reach is a cost-effective, population-based model with fourteen proven clinical outcomes and a 93% engagement rate that increases access to care for older adults and can decrease costs.



**The Colorado Health Foundation | TED Talks Sponsor | 501 South Cherry Street, Suite 1100  
Denver, CO 80246 | 303-953-3600  
www.coloradohealth.org**

The Colorado Health Foundation works to make Colorado the healthiest state in the nation by ensuring that all Colorado kids are fit and healthy and that all Coloradans achieve stable, affordable and adequate health coverage to improve their health with support from a network of primary health care and community services. To advance our mission, the Foundation engages the community through grantmaking, public policy, investing in evaluation, private sector partnerships and strategic communications.

The Colorado Trust | 1600 Sherman St., Denver, CO 80203 | 303-837-1200  
www.ColoradoTrust.org

The Colorado Trust is dedicated to achieving access to health for all Coloradans, with an emphasis on advancing health equity, working together with communities to provide opportunities for the most vulnerable individuals and families to make healthy choices.

The Echo Group | PO Box 2150, Conway, NH 03818 | 800-635-8209  
www.echoman.com

The Echo Group ensures customers are clinically effective and financially strong by providing industry leading EHR, billing software, managed care and Revenue Cycle Management solutions. Whether you choose a cloud-based implementation or a self-hosted approach, Echo brings you the most intuitive and flexible products available for behavioral health including the innovative Visual Health Record.

T-Mobile | 5460 S. Quebec St., Suite 260 Greenwood Village, CO 80111  
303-564-7464 | www.business.t-mobile.com

As America's Un-carrier, T-Mobile US, Inc. (NYSE: TMUS) is redefining the way consumers and businesses buy wireless services through leading product and service innovation. The Company's advanced nationwide 4G LTE network delivers outstanding wireless experiences to approximately 55 million customers who are unwilling to compromise on quality and value. Based in Bellevue, Washington, T-Mobile US provides services through its subsidiaries and operates its flagship brands, T-Mobile and MetroPCS.

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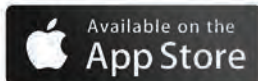


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# CCMHA Pre-Conference

## Annual Fall CCMHA Conference Program

**September 30-October 2, 2015**

*Welcoming support staff from across the state!*

*CCMHA Conference registration forms will be emailed to MHCs and BHOs early July 2015.*

### **Wednesday | September 30, 2015**

- 12:00pm–2:15pm Early conference registration (*Lobby of Beaver Run*)
- 2:30pm–4:30pm No Gym Required! Office Space Strengthening & Stretching  
Joelle Dunaetz (*Copptop 3*)

### **Thursday | October 1, 2015**

- 7:30am–8:15am Registration and breakfast in Session Room (*Copptop 3*)
- 8:30am–10:30am Mirror, Mirror | Dr. Mark Benn
- 10:45am–12:00pm Creating Work Life Balance Through Decluttering – Part 1  
Dr. Kathy Bauer
- 12:00pm–1:00pm Lunch and Presentation of Pam Medina Award
- 1:00pm–2:00pm Creating Work Life Balance Through Decluttering – Part 2  
Dr. Kathy Bauer
- 2:15pm–4:15pm Courageous Leadership: An Inside Job  
Sandra Ford Walston
- 4:15pm–4:45pm Meet the Presenters

### **Friday | October 2, 2015**

- 7:30am–8:30am Continental breakfast (*Peaks 6, 7 & 8*)
- 8:30am–11:30am Generations | Julie Auger (*Peaks 9 & 10*)

**Member Registration Fees | *Registration Fees include workshops, breakfast & lunch Thursday, continental breakfast Friday.***

Full Conference | \$225

1 Full and 1 Half Day | \$200

1 Full Day | \$150

Meals only for non-registered guest | \$60

Non-Member | Registrations will be \$25 more than member rates

CCMHA Member MHC/BHO Annual Dues | \$75

### **For More Information Contact**

Vicki Esposito | Board President | 303-853-3450 | [v.esposito@communityreachcenter.org](mailto:v.esposito@communityreachcenter.org)

Pat Dillon | Board Vice President | 303-504-6581 | [PatDillon@mhcd.org](mailto:PatDillon@mhcd.org)









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4



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Summer Conference Events Tent Area

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2016 | September 22 - 25

Future Conferences | Beaver Run Resort

2017 | September 28 - October 1